
KIDS & DRUGS

22 WAYS TO GET YOUR KIDS TO USE DRUGS:

1. Never eat together as a family.
2. Never have regular weekly, monthly or annual family outings which they can look forward to.
3. Talk **to** your children, not **with** them; **never** listen.
4. Punish your children in public and never praise them or reinforce their positive behavior.
5. Always solve their problems; make their decisions for them.
6. Leave the responsibility of teaching morality and spirituality to the schools and the church.
7. Never let your children experience cold, fatigue, adventure, injury, risk, challenge, experimentation, failure, frustration, discouragement.
8. Threaten your children, i.e., "If you ever even try drugs or alcohol, I'll punish you." Discourage open communication about the dangers of drug use.
9. Expect your children to get "A's" in all subjects.
10. Always pick up after them and help them avoid taking responsibility for their own actions.
11. Discourage your child from talking about his or her feelings.
12. Be overprotective. Don't let your child experience the consequences of his actions.
13. Make your child feel that their mistakes are terrible sins.
14. Put your child off when they ask "why?" and tell them, "Because I said so."
15. Lead your child to believe that you are perfect and infallible.
16. Keep your home atmosphere in a state of chaos.
17. Never tell them how much you love them.
18. Never discuss your feelings with them.
19. Never hug your kids or display any kind of affection in front of your kids.
20. Always expect the worst and never give them the benefit of the doubt.
21. Don't ever trust them.
22. Use drugs and alcohol yourself and say "Do as I say, not as I do."

NOTE: Want a more positive slant in dealing with your kids? Your EAP can help.

COUNTY OF SANTA CLARA EMPLOYEE ASSISTANCE PROGRAM

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